



Candidate Name: Kelly Tudor

Running For: President Elect

Candidate Biography

Kelly Tudor is the Director of Business Development for CHI Saint Joseph Health Partners. Prior to this, she worked in Business Development for CHI Saint Joseph Medical Group. Over the last five years, she monitored and supported requests from employers, payers and brokers for new services through CHI Saint Joseph Health system capabilities. In her role, she identified opportunities to engage employers and their employees in Corporate Health and Wellness Programs. Kelly directed and coordinated marketing efforts for all of occupational and corporate health services. She also identified new service line program enhancement opportunities and implemented services for employers.

Kelly has served on the board for Bluegrass SHRM as Director of Best Places to Work and State Conference, President-Elect, President and Past-President. She is an Ambassador with Commerce Lexington and is very active in the community. Kelly is passionate about staying healthy and enjoys hiking, kickboxing, Pilates and Piyo. Most of her weekends are spent watching her children on the soccer field or baseball diamond.



Candidate Name: Leslie Jarvis

Running For: President Elect

Candidate Biography

Leslie Jarvis currently serves as the Corporate Human Resources Director for the Forcht Group of Kentucky where she oversees the HR and Payroll departments. The Forcht Group is a group of companies employing more than 2,100 employees in many companies specializing in banking and financial services, insurance, nursing homes and health care, broadcasting and print media, retail, data and Web design services, real estate and construction.

Leslie holds a BS in Human Relations and Secondary Education and a Masters Degree in Business Administration and has over 23 years of Human Resources experience in both the public and private sectors, the last 10 plus years spent at the senior leadership or executive level. She started her HR career as an HR Analyst in the Training & Development sector and progressed throughout her career to her current title of Director.

In addition, Leslie is an adjunct instructor with Bluegrass Community and Technical College, teaching the SHRM Learning Course for the last 3 years. She was also recently appointed to the Lexington-Fayette County Health Department's Merit Council.

On a personal note, Leslie has considered Lexington home for 30 years. She has a son who attends college in Chicago.

Leslie current serves as the BGSHRM Secretary/Business Manager.



Candidate Name: Amanda Jumper

Running For: Treasurer

Candidate Biography

Amanda has been with the organization for two years, and over the past two years, she has supported CHI Saint Joseph Medical Group, CHI Saint Joseph Hospital and Continuing Care Hospital, and currently CHI Saint Joseph East and Women's Hospital as the HR Manager of Operations.

Amanda began her Human Resources career with state government for the Department of Criminal Justice and has worked in different industries such as higher education at Berea College, and manufacturing.

Amanda holds an MBA from Indiana Wesleyan University and a BS in Political Science from Campbellsville University and is an active member of United Way of the Bluegrass (Madison County) Board of Trustees and a member of the Quality Assurance Commons' Kentucky Employer Advisory Board



Candidate Name: Leslie Moody

Running For: Membership Director

Candidate Biography

Leslie C. Moody is a native of Bowling Green, Kentucky who moved to Lexington in 2003. A summa cum laude graduate of the University of Kentucky with a Masters degree in Psychology, Leslie has been in the HR recruiting field since 2011. While working as an adjunct psychology professor for the Sullivan University system, Leslie began headhunting for a national recruiting company. Leslie is currently employed by Precision Staffing, Inc. – a locally owned, independent staffing and recruiting agency serving the Bluegrass Region for 40 years. As business development manager, Leslie applies her recruiting background and expertise in psychology and human resources to provide consultation, education, and recruiting services to business in the Central Kentucky region.

Leslie has previously served on the Bluegrass SHRM Board as the Wellness Chair, President Elect, President, and currently serves as Past President.

Leslie enjoys running, cooking, and enjoying life with her husband, Adam and beagle, Trusty while residing in downtown Lexington. A member of the Junior League of Lexington and involved in fundraising and volunteer efforts with several non-profit groups, Leslie strives to bring together a variety of local organizations to collaboratively build a strong, enriched, and robust Lexington community.



**Candidate Name: Contessa
Montgomery**

Running For: Programs Director

Candidate Biography

Contessa Montgomery is a Recruitment and Retention Specialist at Toyota Tsusho America, Inc. In this role, Contessa monitors, analyzes and interprets people data, and develops solutions to improve recruitment and retention results for Toyota Tsusho locations nationwide.

Contessa graduated from Eastern Kentucky University, Cum Laude with her Bachelor of Business Administration in Management with HR concentration.

Contessa is a SHRM Certified Professional (SHRM-CP) and has been an active member of national and regional SHRM chapters since 2013 when she was first introduced to SHRM and admitted as a student member.

Prior to joining Bluegrass SHRM, Contessa was a member of Central Kentucky SHRM and was elected to serve on the board of directors as Programs Director (2016 – 2017) and Certification Director (2018). In her free time, Contessa enjoys reading science fiction novels, spending time with friends and family and good food.



Candidate Name: Dave Beckett

Running For: Programs Director

Candidate Biography

Dave Beckett has over 30 years of experience in all facets of the Human Resources spectrum, including Welfare, Retirement, and Administration. He provides strategy to his clients to help them with attraction, retention and achievement of their business goals and objectives. His broad background includes roles with insurance companies, independent broker, technology / outsourcing, and a Fortune 500 consulting firm.

He has been very involved in various HR / Benefit organizations, including, but not limited to: President and Founder – HR Collaborative (www.hr-collaborative.org), Past President – GCHRA (Cincinnati SHRM Chapter), Member – Greater Cincinnati Comp/Benefits Assn (WorldatWork affiliate), former Program Committee Member, Butler/Warren SHRM – former Secretary/Treasurer, Cincinnati / Dayton Chapter – ISCEBS – former Program Chair, Past President.

Dave is a graduate of Miami University's Farmer School of Business with a B.S. in Finance. He earned his CEBS designation through the International Foundation of Employee Benefit Plans / Wharton School in 1996, and has maintained Fellowship status every year since.



Candidate Name: Jennifer Gunter
CEBS, SHRM-CP, PHR

Running For: Diversity & Community
Outreach Director

Candidate Biography

Jennifer Gunter, CEBS, SHRM-CP, PHR, is an “HR Enthusiast” whose passion for inspiring and leading change efforts have given credibility to the Human Resources Profession while improving the well-being of the organizations she has supported for the past 16 years. Jennifer recently relocated to the Lexington, KY area to serve as the U.S. Health & Welfare Manager for Valvoline.

She previously served as the Manager of Total Rewards, for the National Council on Compensation Insurance (NCCI), where she implemented several corporate health and wellness programs all with the employee experience in mind.

Jennifer earned a Bachelor’s in Public Administration from Florida International University and a Master of Science Degree in Human Resources Management from Nova Southeastern University.

Jennifer is an active member of the Bluegrass SHRM chapter serving on the Diversity & Inclusion Committee. An avid supporter of the Society for Human Resource Management (SHRM), Jennifer served as the President of the HR Association of Palm Beach County (HRPBC) in 2013, and up until 2018, held a variety of roles on the Executive Committee of HR Florida State Council. Prior to relocating to Lexington, KY, Jennifer also served as an Advisory Board member of the South Florida Diversity Council.



Candidate Name: Heather Ballinger
SHRM-CP

Running For: Internal
Communications Director

Candidate Biography

Heather Ballinger earned her bachelor's degree in Business Administration with a concentration in Human Resources from Midway College and a Master of Human Resources Degree from the Keller Graduate School of Management. Heather joined her current company in January 2020 as the Human Resources Manager, where she focuses on all aspects of Human Resources, including, but not limited to, strategic recruiting, employee engagement, and ensuring compliance with human resources laws and regulations.

In her spare time, she enjoys spending time with her husband and two children, reading, and staying abreast on evolving HR related topics.

She is a member of Society of Human Resources Management (SHRM) and Bluegrass Society of Human Resources Management (BGSHRM) and is currently SHRM-CP (SHRM Certified Professional) certified.



Candidate Name: Leah Brown

**Running For: Internal
Communications Director**

Candidate Biography

Leah graduated from the University of Kentucky with a BA in Marketing and currently serve as the Human Resources Analyst at the Forcht Group of Kentucky. Prior to her role in HR, she started as an intern in the Forcht Group Marketing Department where she learned the ropes and came on full-time after graduation in 2017. Forcht Group is comprised of many companies specializing in banking and financial services, insurance, nursing homes and health care, broadcasting and print media, retail, data and Web design services, real estate, and construction.

She is well suited for the Internal Communications Director role, as she currently serves on the Newsletter Committee as the designer/editor and is familiar with the daily tasks required of this position. Her past experience working within the Forcht Group Marketing department, where a majority of her work involved content creation, website maintenance and utilizing Adobe InDesign, will benefit both herself and further advance BGSHRM's internal communications.



**Candidate Name: Lyn Leshney
SHRM-SCP**

**Running For: Certification
Director**

Candidate Biography

Lyn Leshney is a native of western New York having relocated to Lexington KY in 2013 after having obtained a bachelor's degree in Business Administration/Marketing and Management with a minor in Human Resources. Lyn is currently the HRBP Manager at RJ Corman railroad group and has over 8 years of robust Human Resources experience.

Lyn currently has her HRCM certification, SHRM-SCP certification, and plans to complete her PMP within the next 6 months.

Lyn enjoys playing cello with the Lexington Orchestra and spending time with her husband and their 2 dogs.



**Candidate Name: Donna Carter
PHR, SHRM-CP**

**Running For: Legislative Affairs
Director**

Candidate Biography

Donna has over 16 years of HR experience within various industries. Over her career she has been responsible for leading HR departments in the manufacturing, non-profit, government and education sectors. Donna's passions are Compliance, Diversity and Inclusion, Leadership Development and mentoring other HR professionals.

Over the course of her career, Donna led the development and execution of organizational Affirmative Action strategies, workplace policy and continues to provide oversight for Diversity and Inclusion initiatives in her current role of Human Resources Director at Catalent Pharma Solutions, located in Winchester, KY. Donna has been an active member of SHRM and the SHRM Advocacy Team, which monitors workplace policy since 2004. In her previous SHRM Chapter, Donna served as a member of the Legislative Affairs Committee and reported out on key policy changes and employment laws that would impact HR Professionals for 3 surrounding states. Donna earned her PHR and SHRM-CP certification and completed her Master of Education in Adult and Continuing Education from Rutgers University, and BS in Human Resources Management from DeVry University.

Donna is also active with her local church serving in the Food Pantry, and teaches Sunday School. She is a native of Southern New Jersey and currently resides with her husband of 20 years, and their daughter in Winchester, KY.



**Candidate Name: LaRellen Jones
PHR, SHRM-CP**

**Running For: Best Places to Work/
State Conferences Director**

Candidate Biography

LaRellen is the Human Resources Manager at Family Practice Associates of Lexington, PSC where she has gained 10 years of Human Resources experience in recruiting, onboarding, benefits, payroll, OSHA, credentialing and accounts payable.

She obtained her Bachelor of Science Degree in Human Nutrition in 2005 from the University of Kentucky and maintains her certification as a Professional in Human Resources (PHR) and SHRM-Certified Professional. She is also an active member of National SHRM.

LaRellen has been a member of Bluegrass SHRM since 2014 and previously served as the Co-Membership Director from 2017 thru 2018 and Treasurer from 2019 to 2020.

LaRellen is a Lexington native and is an active member of Delta Sigma Theta Sorority, Inc. where she enjoys serving the community. She also volunteers as an Advisor for the Mu Epsilon Chapter of her Sorority at the University of Kentucky. For fun, she enjoys shopping, hanging out with friends and family and cheering on the UK Wildcats and the Cincinnati Bengals!



Candidate Name: Paula Frizzell

**Running For: Wellness
Director**

Candidate Biography

Paula's career path has always led to being self-employed, a true love of her clients and wanting to make a difference in the world. As a business owner for 40 years, Paula is grateful to have worked with some of the best, in several different industries (manufacturing, advertising, political affairs, clothing and employee benefits.) Today she is excited to watch those she hired as they grow in their careers, achieving dreams and goals.

In 2004 she took a position with Aflac in Lexington, Kentucky hiring, training and motivating sales professionals. After much success she was honored to move to Columbus, Ohio in the same role on a much larger scale. Paula has published a paper on "100 ways to achieve wellness in the workplace without spending too much money."

After moving back to her "old Kentucky home" Paula joined her husband in their employee benefits agency. Her role includes working with human resource professionals, using her past experience to better understand how she can help, implementing ideas that can aid in employee retention. Since being back in Kentucky she has enjoyed being more involved with various charities and boards. Currently she serves on Central Kentucky Health Underwriters Board, Business Advisory Board (Commerce LEX) and recently retired from Downtown People, a homeless ministry she and her husband helped to found. Paula is an active and designated Professional Member of National Speakers Association. Paula and Keith love to travel and cater to their two feline children. If you are friends with Paula on Instagram or Facebook you will find her love of all things beautiful via her photography hobby.



Candidate Name: Elodie Dickinson

**Running For: Workforce Readiness
Director**

Candidate Biography

Elodie earned her MSW from the University of Kentucky, and earned her Bachelor of Arts degree from Berea College. She is the Director for Business & Workforce Engagement for the city of Lexington, working in the Office of the Mayor Linda Gorton. Elodie identifies and promotes strategic partnerships between industry, education, and workforce training providers. One of her primary roles is to also administer the city's workforce training grants. These grants are awarded to various local non-profit agencies that provide training and job placement for members in the community who are entering or re-entering the workforce.

Previously, Elodie was the Regional Manager of Program Services for Goodwill Industries of Kentucky, where she managed all Goodwill workforce development programs in Lexington and the surrounding service areas.

Elodie is a current Board member of BGSHRM serving as the Workforce Readiness Director, a current Board member of Commerce Lexington's Business and Education Network, and a current board member of the Mayor's International Affairs Advisory Commission.