



Robin Salyer Fleischer, Professional Counselor

Robin Fleischer works in private practice in Lexington and through tele-health across the states, and is a former Assistant Director at the UK Career Center and Transylvania University, and former Director of Career Services at Georgetown College. She received her Bachelor's degree in Family Studies and Masters of Education in Counseling Psychology, both from the University of Kentucky. In addition to teaching formerly at UK, she provides a full range of consulting services and speaking engagements to groups and organizations interested in laughter leadership, the human-animal bond, and counseling services.

Along her journey, she married her Bates Creek High School sweetheart, and they will be celebrating their 37th Anniversary this year; they have 3 adult children who are living and working in Chicago, Cincinnati, and Tampa and are blessed to have two, adorable grandchildren.

Telemental Health, also known as 'online therapy', is a growing field, and has become an absolute necessity with the global pandemic. Robin has been a practicing board certified tele-mental health provider for 11 years.

Also a growing field is Animal-Assisted Psychotherapy- a therapeutic intervention that incorporates animals, such as horses, dogs, cats, pigs, and birds, into the treatment plan. (AAPT is used to enhance and complement the benefits of traditional therapy.) Robin's 3 largest dogs (2 Leonbergers and a German Shepherd Dog) work with her to accompany the types of therapy and treatment she provides for proven health benefits. Robin believes in an integrated and holistic approach to therapy and well-being and incorporates 'laughter therapy' and positive psychology along with mindfulness.

She considers volunteering to be of great value to self and others and Robin has served in several organizations including Commerce Lexington, Rotary Club, YMCA, Junior League of Lexington, Professional Women's Forum, Central KY Love on A Leash, UK Canine Counselors, Women Leading KY, Baptist Health, KY Community Crisis Response K9 Compassion Team, and HOPE-Animal Assisted Crisis Response to name a few.