



Kelly J. VanHoose is the Chief Operating Officer and co-owner of KC WELLNESS, INC, a regional provider of on-site and remote worksite wellness programs and occupational health services since 1995. Kelly has directed the business for over 20 years, overseeing hundreds of health and wellness events and developing wellness curricula for a variety of organizations. She speaks frequently on the topic of workplace wellness and is an expert in successful implementation.

Kelly is a graduate of the University of Kentucky, where she earned her B.S. in Business Administration from the Gatton College of Business and Economics. She lives in Lexington with her husband and two children. In her free time, she enjoys volunteering at her children's school, fishing, gardening, reading and cooking.